

Monthly First Saturdays of Reparation
September 5th 2026
Month of the Sorrowful & Immaculate Heart of Mary
2nd Sorrowful Mystery, the Scouring at the Pillar (Jn 19:1-3)

(The 15-minute meditation is integral to the full practice of the First Saturdays! It cannot be left out!)



Then Pilate took Jesus and scourged him. And the soldiers plaited a crown of thorns, and put it on his head, and clothed him in a purple robe; they came up to him, saying, “Hail, King of the Jews!” and struck him with their hands.

**Thoughts from a spiritual father
of the Oratory of St. Philip Neri**

In just seven words, St John shows us the cruelty of the Roman scourging, one of the most feared punishments, meant to break both body and spirit. Pilate thought it might appease the mob after they wanted Barabbas to come out of prison, but it only revealed the depth of injustice. The flesh of Our Lord was torn, blood ran from a hundred wounds, and pieces of His sacred body lay on the ground. It would have been enough to kill most men. Yet this was only the beginning of

what He endured for us as he was nailed upon the Cross to die in anguish.

Today, people are still scourged — by violence, injustice, poverty, addiction, and by words that tear at our Human dignity. But we are not alone in that suffering. Christ unites our wounds to His. When we are scourged, He is with us. When we suffer, we suffer with Him, and in Him our pain is given meaning and the promise of resurrection.

As we prepare to celebrate the Feast of Our Lady of Sorrows, we unite with Our Blessed Lady as she sorrows over our poor world and human family.

Reflective questions from a Sister of Mary Morning Star

1. As we unite our prayers with the Sorrowful Mother, let us pray for all those who suffer the scourging of violence, injustice, poverty, addiction, false accusation, and defamation of character. We place them in the scourged and wounded Heart of Jesus, and ask that He be close to them.

Reflective questions from a Sister of Mary Morning Star

2. We ask ourselves if there were occasions when we were more like the soldiers, clothing Him with the purple robe of our sins, of our cowardice, of our omissions to spend time with Him or to serve Him in our needy brothers and sisters?
3. We ask ourselves if there were occasions when we were more like a crown of thorns to Him? If so, are we ready to humbly go to Him and receive His forgiveness in the Sacrament of Reconciliation with a humble and repentant heart?
4. Are we ready to let go of our discouragements, our scruples, our disappointments with ourselves, and to welcome Our Sorrowful Mother into these desolations, and implore her aid?
5. As we take Our Lady more deeply into our hearts, are we resolved to let Her guide our lives and respond with Her help to Our Lord's cry of "I Thirst"?

Two crucial Requests as an antidote to war, for the prevention of the spread of Communism, and for Peace in the World!

The message of Fatima highlights that Russia cannot be converted, nor can there be peace in the world, without Consecration to the Immaculate Heart of Mary, and establishment of devotion to the Immaculate Heart of Mary through the practice of the First Saturdays of Reparation.

The Communion of Reparation on the First Saturdays, and the Collegial Consecration of Russia to her Immaculate Heart, led by the Holy Father in communion with all the Bishops of the world, are the two crucial requests! One remains unheard, unpracticed and hardly known - the First Saturdays of Reparation!

If the Requests go unheeded!

Our Lady foretold what might happen if people did not convert and return to God - the tyranny of communism, that Russia would spread her evils throughout the world, that another War (World War II) could break out, that the good would be martyred, and that the Church would experience severe persecution. Russia, it seemed, was used as a symbol for all those who tried, and still try, to eradicate God through whatever atheistic systems and philosophies they can, to destroy the values of faith, the sanctity of marriage and family, and the sanctity of life from the moment of conception to natural death. Agendas which desecrate and undermine what it means to be truly human are at work.

Our Lord himself, in 1936, said to Lucia, **"If they do not wish to heed my request, as like the King of France, they will repent and do it, but it will be late. Russia will have already spread her errors throughout the world, provoking wars and persecutions of the Church. The Holy Father will have much to suffer."**

It is already late! Wars, persecutions of the Church, abortion and other anti life/anti life agendas and practices have been legalised in every nation.

The First Saturdays are crucial and integral to the PEACE plan of Heaven. This message requesting the First Saturdays is the great Crown of the June 13th and July 13th messages given in Fatima in 1917 to Lucia, Jacinta and Francisco, in which Our Lady said she would come to ask for the Consecration of Russia to her Immaculate Heart, and the Communion of Reparation on the First Saturdays.



Act of Reparation

to the Immaculate Heart of Mary

Most Holy Virgin, and Our Mother, we listen with grief to the complaints of Your Immaculate Heart, surrounded with the thorns placed therein at every moment, by the blasphemies and ingratitude of ungrateful humanity. We are moved by the ardent desire of loving you as Our Mother and of promising a true devotion to Your Immaculate Heart. We therefore kneel before You to manifest the sorrow we feel for the grievances that people cause You, and to atone by our prayers and sacrifices for the offences with which they return Your love. Obtain for them and for us the pardon of so many sins. Hasten the conversion of sinners that they may love Jesus Christ and cease to offend the Lord, already so much offended. Turn your eyes of mercy toward us, that we may love God with all our heart on earth and enjoy Him forever in Heaven. Amen.

Hymn

Chorus: I will be with you wherever you go.
Go now throughout the world!
I will be with you in all that you say.
Go now and spread my word!

1. Come, walk with me on stormy waters.
Why fear? Reach out, and I'll be there.
2. And you, my friend, will you now leave me,
or do you know me as your Lord?
3. Your life will be transformed with power
by living truly in my name.
4. And if you say: "Yes, Lord, I love you,"
then feed my lambs and feed my sheep.

Saviour of the World, save us

Salvator mundi, salva nos.
Salvator mundi, salva nos.
Salva nos, salva nos.
Salvator mundi, salva nos.

Mary, Mother of God,

Mary, Mother of Christ,
Mary, Mother of all,
Queen of all the world.

Magnificat, Magnificat, Magnificat
anima mea Dominum. Magnificat, Magnificat,
Magnificat anima mea.
(My soul magnifies the Lord)

Fatima Prayers of Adoration & Reparation

1. O Most Holy Trinity, I adore You. My God, my God, I love You in the Most Blessed Sacrament.
2. My God, I believe, I adore, I hope, and I love You; I ask pardon of You for those who do not believe, do not adore, do not hope, and do not love You.
3. Most Holy Trinity, Father, Son and Holy Spirit, I adore You profoundly. I offer You the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges, and indifference by which He is offended. And through the infinite merits of His Most Sacred Heart, and of the Immaculate Heart of Mary, I beg of You the conversion of poor sinners.
4. O Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven, especially those in most need of Thy mercy.
5. O Jesus, this is for love of You, for the conversion of sinners, for the Holy Father, and in reparation for the sins committed against the Immaculate Heart of Mary. (Jacinta added "the Holy Father").



Act of Consecration to the Immaculate Heart of Mary

Wisdom from Venerable Sr. Lucia

“And let us not waver or move away from the Church when we see imperfections in some of her members, because, individually, we are all weak and sinful. But the Church does not cease to be holy for all that: holy in her laws and in the doctrine entrusted to her by God, holy in her Head, Jesus Christ, her divine Founder and Saviour, holy in the divine Spirit which animates and helps her, and in the life of grace generated and nourished by the Sacraments.”

Venerable Sr Lucia said: “War and peace in the world depend on the celebration of this devotion (*the First Saturdays*) and the consecration to the Hearts of Jesus and Mary connected to it. Therefore I wished so much these were spread, and much more because it is the will of our good God and our beloved Heavenly Mother.”

Little Saint Jacinta said the following to Lucia, not long before going to the hospital in Lisbon where she died. Read them, as if these very words are being said to you in this moment!

“God grants us graces through the Immaculate Heart of Mary - When you are to say this, don’t go and hide! Tell everybody that God grants us graces through the Immaculate Heart of Mary; that people are to ask her for them; and that the Heart of Jesus wants the Immaculate Heart of Mary to be venerated at his side. Tell them also to pray to the Immaculate Heart of Mary for peace, since God has entrusted it to her. If only I could put into the hearts of all the fire that is burning within my own heart, and that makes me love the Hearts of Jesus and Mary so very much.”

Please note that you need to be flexible and creative in how you use this Meditation text & Reflective Questions. The full text is helpful to individuals; however, if you are leading it with a group for just 15 minutes, the leader will need to decide how much of it to use. It may be that just the Scripture, a short part of the meditation and the questions to ponder be used, interspersed with silence. If you have longer than 15 minutes, divide the meditation up, interspersed with silence. It is important to allow silence to give the Lord space to speak to each person’s heart. Where possible, give each person a printed copy.

O Immaculate Heart of Mary, Queen of Heaven and Earth, and tender Mother of all, in accordance with thy ardent wish made known at Fatima, I consecrate to thy Immaculate Heart myself, my brethren, my country and the whole human race. Reign over us, Most Holy Mother of God, and teach us how to make the Heart of Thy Son, Our Lord Jesus Christ reign and triumph in us even as It has reigned and triumphed in thee.

Reign over us, dearest Mother, that we may be thine in prosperity and in adversity; in joy and in sorrow; in health and in sickness; in life and in death. O most compassionate Heart of Mary, Queen of Virgins, watch over our minds and our hearts and preserve them from the deluge of impurity which thou didst lament so sorrowfully at Fatima. We want to be pure like thee. We want to atone for the many sins committed against Jesus and thee. We want to call down upon our country and the whole world the peace of God in justice and charity. Therefore, we now promise to imitate thy virtues by the practice of a Christian life without regard to human respect. We resolve to receive Holy Communion on the First Saturday of every month and to offer thee five decades of the rosary each day together with our sacrifices in a spirit of reparation and penance. Amen.