

Monthly First Saturdays of Reparation
May 2nd 2026 - Eastertide & month dedicated to Our Blessed Lady
1st Glorious Mystery - The Resurrection of Jesus Christ
Matthew 28 v1-6

(The 15 minute Meditation is integral to the full practice of the First Saturdays! It cannot be left out!)



The Resurrection of Christ, Alonso López de Herrera - 1625

Now after the sabbath, toward the dawn of the first day of the week, Mary Magdalene and the other Mary went to see the tomb. And behold, there was a great earthquake; for an angel of the Lord descended from heaven and came and rolled back the stone, and sat upon it. His appearance was like lightening, and his clothing white as snow. And for fear of him the guards trembled and became like dead men. But the angel said to the women, “Do not be afraid; for I know that you seek Jesus who was crucified. He is not here; for he has risen, as he said. Come, see the place where he lay. Then go quickly and tell his disciples that he has risen from the dead, and behold, he is going before you to Galilee; there you will see him. Behold, I have told you.”

Some thoughts from a spiritual father of the Oratory of St. Philip Neri

The risen Lord is victorious and has proved that man, together with Him, can have power over sin and therefore death. But do we appreciate this? So often we waste or undervalue such supernatural Graces. The Lord, helps to raise us up, as he delivers us from sin, from evil. The darkness of the world hinders us no more.

The glory of the Resurrection splits the darkness like dawn breaking over a world that thought night would never end. The tomb is empty, death is defeated, and the Victorious One walks among us with wounds that shine like beacons of hope. In a world weary with war, sorrow, lukewarm Christians and sin, Christ's rising means despair does not have the last word.

And beside the Risen Lord stands Our Blessed Lady, the Mother of the Victorious One. She who kept her heart pierced yet unbroken, now rejoices with a joy no man can take from her. If we look to her, we learn how to wait in darkness and still believe in the light. She teaches us to stand at the foot of every cross knowing that the third day always comes. Her fiat is seen at the Resurrection: the Lord has done great things, mercy is from age to age, and His victory is ours. So take heart. Christ is risen, and because He is, no shadow is final. With Our Lady, let us be people of Easter carrying hope into every corner that still feels like Good Friday.

Some reflective questions from a Sister of Mary Morning Star

Let not your hearts be troubled; believe in God, believe also in me...

(John 14)

As we enter our 5th Easter week and receive these words of encouragement directly from Our Risen Lord, what can I do this week/this month to surrender more concretely my life and worries to the Good Shepherd? Is my time consecrated to prayer sufficient? Am I receiving His words just as words or as a life-changing message addressed directly to me and not only to everyone else...?

“Do whatever He tells you”... at Cana Our Lady gave us this wise advice. As we enter the Month dedicated to Her and as we prepare to celebrate Our Lady of Fatima on the 13th May, how can I live more like Her and do whatever He tells me? Am I praying my Rosary faithfully? Am I praying it wholeheartedly or more like “a duty”? Am I preparing a crowning for her or joining one prepared in my parish...? Have I really taken Our Lady “into my home”? Is she helping me to be a witness of love, hope, peace and joy?

Act of Reparation to the Immaculate Heart of Mary

Most Holy Virgin, and Our Mother, we listen with grief to the complaints of your Immaculate Heart, surrounded with the thorns placed therein at every moment, by the blasphemies and ingratitude of ungrateful humanity. We are moved by the ardent desire of loving you as Our Mother and of promising a true devotion to Your Immaculate Heart. We therefore kneel before You to manifest the sorrow we feel for the grievances that people cause You, and to atone by our prayers and sacrifices for the offences with which they return your love. Obtain for them and for us the pardon of so many sins. Hasten the conversion of sinners that they may love Jesus Christ and cease to offend the Lord, already so much offended. Turn your eyes of mercy toward us, that we may love God with all our heart on earth and enjoy Him forever in Heaven. Amen.

Hymn

Be Still

1. Be still and know that I am God (3)
2. I am the Lord that healeth thee (3)
3. In thee, O Lord, I put my trust (3)

Regina Coeli

**Regina coeli, laetare, alleluia,
quia quem meruisti portare, alleluia,
resurrexit sicut dixit, alleluia;
ora pro nobis Deum, alleluia.**

**V/ Guade et laetare, Virgo Maria, alleluia.
R/ Quia surrexit Dominus vere, alleluia.**

**Queen of Heaven, rejoice, alleluia.
The Son whom you merited to bear, alleluia,
Has risen as he said, alleluia.
Pray for us to God, alleluia.**

**V/ Rejoice and be glad, O Virgin Mary, alleluia.
R/ For the Lord has truly risen, alleluia.**

Fatima Prayers of Adoration & Reparation

1. O Most Holy Trinity, I adore You. My God, my God, I love You in the Most Blessed Sacrament.
2. O Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven, especially those in most need of Thy mercy.
3. My God, I believe, I adore, I hope, and I love You; I ask pardon of You for those who do not believe, do not adore, do not hope, and do not love You.
4. Most Holy Trinity, Father, Son and Holy Spirit, I adore You profoundly. I offer You the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges, and indifference by which He is offended. And through the infinite merits of His Most Sacred Heart, and of the Immaculate Heart of Mary, I beg of You the conversion of poor sinners.
5. O Jesus, this is for love of You, for the conversion of sinners, for the Holy Father, and in reparation for the sins committed against the Immaculate Heart of Mary. (Jacinta added "the Holy Father").



Wisdom from Venerable Sr. Lucia

“And let us not waver or move away from the Church when we see imperfections in some of her members, because, individually, we are all weak and sinful. But the Church does not cease to be holy for all that: holy in her laws and in the doctrine entrusted to her by God, holy in her Head, Jesus Christ, her divine Founder and Saviour, holy in the divine Spirit which animates and helps her, and in the life of grace generated and nourished by the Sacraments.”

Venerable Sr Lucia said: “War and peace in the world depend on the celebration of this devotion (*the First Saturdays*) and the consecration to the Hearts of Jesus and Mary connected to it. Therefore I wished so much these were spread, and much more because it is the will of our good God and our beloved Heavenly Mother.”

Little Saint Jacinta said the following to Lucia, not long before going to the hospital in Lisbon where she died. Read them, as if these very words are being said to you in this moment!

“God grants us graces through the Immaculate Heart of Mary - When you are to say this, don’t go and hide! Tell everybody that God grants us graces through the Immaculate Heart of Mary; that people are to ask her for them; and that the Heart of Jesus wants the Immaculate Heart of Mary to be venerated at his side. Tell them also to pray to the Immaculate Heart of Mary for peace, since God has entrusted it to her. If only I could put into the hearts of all, the fire that is burning within my own heart, and that makes me love the Hearts of Jesus and Mary so very much.”

Hymn for Adoration -

1. Sweet Sacrament divine,
hid in thine earthly home,
lo, round thy lowly shrine,
with suppliant hearts we come;
Jesus, to thee our voice we raise
in songs of love and heartfelt praise
Sweet Sacrament divine.

2. Sweet Sacrament of peace,
dear home of every heart,
where restless yearnings cease
and sorrows all depart;
there in thine ear all trustfully
we tell our tale of misery
Sweet Sacrament of peace.

Hail, Holy Queen enthroned above

1. Hail, Holy Queen enthroned
above, O Maria!
Hail, Mother of mercy and of love, O
Maria!
Triumph all ye cherubim!
Sing with us ye seraphim!
Heaven and earth resound the hymn!
Salve, salve, salve, Regina!

2. Our life, our sweetness here
below, O Maria!
Our hope in sorrow and in woe, O
Maria!
Triumph all ye cherubim!
Sing with us ye seraphim!
Heaven and earth resound the hymn!
Salve, salve, salve, Regina!

3. To thee do we cry, poor sons
of Eve, O Maria!
To thee we sigh, we mourn, we
grieve, O Maria!
Triumph all ye cherubim!
Sing with us ye seraphim!
Heaven and earth resound the hymn!
Salve, salve, salve, Regina!

4. Turn, then, most gracious
Advocate, O Maria!
Towards us thine eyes
compassionate, O Maria!
Triumph all ye cherubim!
Sing with us ye seraphim!
Heaven and earth resound the hymn!
Salve, salve, salve, Regina! O Maria!

5. When this our exile is
complete, O Maria!
Show us thy Son, our Jesus sweet, O
Maria!
Triumph all ye cherubim!
Sing with us ye seraphim!
Heaven and earth resound the hymn!
Salve, salve, salve, Regina!

6. O clement, gracious Mother
sweet, O Maria!
O virgin Mary we entreat, O Maria!
Triumph all ye cherubim!
Sing with us ye seraphim!
Heaven and earth resound the hymn!
Salve, salve, salve, Regina!