

Today

CrossBar: 1900 Bishop's House Garden. All young adults (aged 18 +) are invited for a picnic social after the 1800 Mass.

Forthcoming Events

- 04/08 - and every Monday - Christian Meditation Group:** 1915-2015 St John's Room.
- 05/08 - and every Tuesday - Hatha Yoga:** 1830-2000 Cathedral Centre.
- 06/08 Textile Art Exhibition Preview Evening:** 1800-2100 Buckland United Reformed Church, corner of Queens Road/Kingston Road, Portsmouth. All welcome.
- 09/08 - and every Saturday - Meditation Group:** 1700-1730 St John's Chapel. All welcome.
- 14/08 First Mass for the Feast of the Assumption:** 1930 Cathedral.
- 15/08 Feast of the Assumption (A Holy Day of Obligation):** 1215 Cathedral.
- 16/08 Wedding of Jade Cruikshanks and Darren Davis:** 1330 Cathedral.
- 17/08 Baptism Preparation Meeting:** after 1000 Mass Abingdon Room. Parents whose children will be baptised on 31 August will meet with the catechists.
- 23/08 Wedding of Anna Kopycinska and Dimitri Mustanen:** 1330 Cathedral.
- 23/08 Seeing Miracles:** 0930-1200. A half-day session exploring with minds and hearts the wonders and miracles of Jesus. Cathedral Centre. All welcome.
- 30/08 Wedding of Lynne Achunche and Nonso Onwughalu:** 1400 Cathedral.

Cathedral Priests:

- Canon David Hopgood and Father Steven Restori
- Mrs Lily Peach, Parish Secretary: 023 9282 6170
- Sister Rita, FMDM, Pastoral Assistant: 023 9296 0376
- Mr Peter Newman, Director of Music: 07590602437
- Mr Oliver Bailey-Green, Cathedral Organist: 07849 872010
- Mr Dave Yates, Cathedral Verger: 023 9287 0348
- Hospital Chaplaincy: 023 9228 6000
- St John's Cathedral Primary School: 023 9282 1055
- St Edmund's Secondary School: 023 9282 3766
- Discovery Centre: 023 9287 0348
- Jordan James, University Chaplain: 023 9284 3030
- Mary Ellen Donnelly, Deanery Youth Worker: 0781 446 7102



Thought of the Week

Rev Paul Leonard

This Sunday's Gospel presents us with an account of the feeding of the five thousand. This has been commonly interpreted as a miracle, with Jesus transforming a meagre amount of food into more than enough to feed a multitude. Furthermore, part of the mystery of the feeding of the five thousand is that it points to the Eucharist, Christ's gift of Himself as nourishment and sustenance for His people.

The miracle of the feeding helps us understand that God is concerned for our total welfare - body and soul. Christian faith is rooted in the central truth that we are redeemed body and soul, with each as important as the other, and both body and soul needing to be fed. The Eucharist is food for the body and soul. Through it, we are satisfied and nourished.

The miraculous feeding also helps us understand that after receiving such a precious gift, we are endowed with a great responsibility. At the end of each celebration of the Eucharist, we are charged with the command, "Go in peace, to love and serve the Lord". We fulfil this commitment through the very real and practical care and concern we show to those we meet, to the poor and those on the margins of society. In his ministry, Jesus showed his care for the people in tending for both their physical and spiritual needs. As his followers we too are called to collaborate with Him in showing the same care and concern for our neighbour.

The Eucharist must be the impetus we need to ensure that justice and peace are priorities in our lives. The Eucharist and justice go together; the Eucharist without justice is sterile. If we receive the bread of life in communion, how much more responsibility we have to ensure that we play our part in ensuring that the poor have a morsel of food for their sustenance.

Seeing Miracles

This interactive half-day session will be held on Saturday 23 August from 0930-1200 in the Cathedral Centre. It aims to explore the minds and hearts of the participants of the wonders and miracles of Jesus. The day will be led by Kath Joyce and is free-of-charge. Open and welcome to all.

Hymns				
1800	794	801	945	
1000	794	607	627	880
1200	473	803	636	880
1800	794	643	945	

Music at 1000	
Gloria	52
Sanctus	481
Agnus Dei	590

Liturgical Calendar

& Mass Times

Sunday 3 August

Eighteenth Sunday of Ordinary Time

1000 Juanita Garcia RIP

1200 In Thanksgiving

1800 People of the Parish

Monday 4 August Memorial

St John Vianney, Priest. Better known as the Curé of Ars, Jean-Baptist Marie Vianney is patron of diocesan priests.

1215 Thomes Bell

Tuesday 5 August Feria

1215 North Family RIP (F)

Wednesday 6 August Feast

The Transfiguration of the Lord.

Today we commemorate the revelation of Christ's glory to the disciples on the mountain.

1215 Peggy Connelly Intention

Thursday 7 August Feria

1215 Adrian Abel RIP

Friday 8 August Memorial

St Dominic, Founder. Dominic, born of wealthy Spanish nobility, founded the Order of Preachers (Dominicans). A friend of St Francis, Dominic also worked for Church reform and bringing heretics back to the faith.

1215 Jack Walsh RIP

Saturday 9 August Feast

St Teresa Benedicta of the Cross, Religious, Martyr, Patron of Europe. Born Edith Stein, into a Jewish family in Germany, she was baptised at age 21 and entered a Carmelite Monastery, taking the name Theresa Benedicta. With the rise of Hitler, she was later sent to Auschwitz, where she died in the gas chamber with so many others.

1215 Souls in Purgatory
1700 Meditation in St John's Chapel
1800 Maeve Murray RIP

Sunday 10 August

Nineteenth Sunday of Ordinary Time

1000 Intentions of CWL

1200 Private Intentions

1800 People of the Parish

Visit our Website

Please do not forget to visit the Cathedral website which offers a wide range of references, information and contacts:
www.portsmouthcatholiccathedral.org.uk

Thank You

John Wright and family would like to thank everyone for their support, prayers and kind expressions of sympathy following Pat's death last week.

Church Mission Appeal

This weekend we welcome Sister Daphne Norden mms, who is a Medical Missionary Sister, and a representative of the Sisters' Missionary Society. She will make an annual appeal during all Sunday Masses. Please give generously. All those in the gift aid scheme, please use your white envelopes.

St Patrick's Chapel

Many of you may have noticed that the mosaic entitled 'St Patrick, Pray For Us' in St Patrick's Chapel has been very badly damaged over the years, and is almost illegible. We hope to restore this in the next few weeks. If anyone would like to be part of this restoration, please make your donation in an envelope marked 'St Patrick's Chapel'.

Lourdes Petition

If you would like a petition to the Our Lady in Lourdes, please put it in a sealed envelope and give it to either David Kennedy or one of the priests. The envelopes will be placed unopened at the Grotto during the diocesan pilgrimage from 22-29 August.

Christian Meditation Group

The group meets every Monday evening from 1915-2015 in St John's Room. This hour-long session includes quiet music and a little instruction before a 30-minute silent meditation. You are welcome, whether this form of prayer is new or familiar to you.

There is also an opportunity for a time of quiet and reflection in St John's Chapel on Saturday afternoons from 1700-1730. All welcome.

Welcome

To all relatives, friends and visitors to the Cathedral and the city of Portsmouth.

Visitors: You are invited to register in the Visitor's Book at the west end of the Cathedral.

New Parishioners: Please introduce yourselves after Mass to the priest (and to other parishioners) so that he (and we) can get to know you.

Becoming a Catholic

If you know of anyone who is interested in learning more about the Catholic faith, with the possibility of being received into the Church, then please speak to one of the priests as soon as possible. A new course of preparation will commence in September.

First Holy Communion

Forms are now available in the Cathedral for those children who are due to make their First Holy Communion next year. Preparation begins in Sept. Please take a form, complete and return it to the Parish Office as soon as possible.

Summer Coach Trips

The St John's Parents' Group are going to Paultons Park on Tuesday 19 August. Cost: £17.50 (seniors £15.50 and children under 1m tall £5.50) Open to all parents, grandparents, carers and their children.

The Youth & Justice & Peace Group are going to Thorpe Park on Friday 22 August. Cost: £29 (aged 12+) and £23 (under 12's) Open to all youngsters in Year 7 or above (younger children can attend if accompanied by an adult).

Both trips will pick up and drop off at St Swithun's, the Cathedral, Copus Christi and St Colman's. For details and to book a place, contact Emma Devine on 023 9279 2880 or eldevine@tiscali.co.uk

The Discovery Coffee Shop

Our Centre Coffee Shop has a new menu offering a selection of hot and cold snacks and cakes at very affordable prices. We are open Tuesday to Friday, 1000-1400. If we can help you with any catering needs, please give us a call on 023

Mass Intentions

Please see the Verger or the priests if you would like to have a Mass celebrated for a particular intention.

Please pray for those who are ill, especially:

Max Bellman, Chris Carter, Mary Brosnan, Thomas O'Grady, Philip Doherty, Christine Millham, Geoff & Roger Obermaier, John Cotter, Maria Makins, Carole Winsler, Albert Hider, Dan & Elish Cregan, Laurie Payne, Brenda Hamilton, Adelaide de Battista, Maisie Hider, Doreen Yates, Jenny Edwards & Fr Peter Sprague. **(Please notify the Parish Office of any change)**

If any parishioner is ill at home or in hospital and would like to receive Communion, even on a regular basis, please let the priests know.

And for those whose anniversaries occur at this time:

Josephine Carter † Mary Jones † Brigid Lynch † Bernard Cushion † Florence Sainsbury † Eileen Dalton † Shaun Bowes † Catherine Crowley † Gerald Wallis † Catherine Le Jehan † Eileen Amis † James Semple

May the souls of the faithful departed, through the mercy of God, rest in peace. Amen

Confession this Week	
Saturday 1100-1200	1630-1730
Devotions	
Midday Prayer	
Monday-Saturday 1200	
Exposition of the Blessed Sacrament	
Friday	1100 - 1200
Saturday	1100 - 1200
Rosary after 1215 Mass	
Tuesday and Thursday	

We acknowledge with thanks:

Last weekend's collection, including Standing Orders, amounted to £1,814.59 of which £1,080.25 (60%) was gift-aided.